My Dare Report

1

There are more than 200 known harmful things in cigarette smoke! Offider Cook taught us what drugs do to us. In this report, I will disscus drug abuse, meth, and how to make better choices.

Drug Abuse is when people take tobaco and pills. It is also smoking cigarettes. It also could be meth. Drug Abuse is not a good idea to do.

Meth is a very bad drug that can do a lot of damage to your body. It can make you look a lot older than you are. It also can make you feel like you have hives.

Chloe

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My Dare Report

2

It is always good to make good choices. Making good choices is to not smoke. It is also to not drink or to do meth. If you take drugs, those are not good choices, so don't do it!

Everything that I learned in the Dare Program was to make better choices. Also to help my friends make better choices. To make my self healthier and to make my friends healthier. Try to teach others not to do drugs.

Chloe

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