



D.A.R.E. Essay

By: Mitchell

Have you ever been in D.A.R.E. class? D.A.R.E. class is where you learn about how drugs and alcohol can affect your body and your actions. Did you know that drugs can make you have problems with your body? Never drink alcohol because you can become drunk or become very out of control. If someone asked you to take drugs or drink alcohol say NO!

If you want to be drug free don't drink and don't take drugs. A way I will use the D.A.R.E. Decision Making Model is by not taking drugs, alcohol, or smoking. I have learned that drugs and alcohol can slow down or affect your decision making. You can't always make the right decisions, but try to. Never disobey a police officer or he will make you pay a fine or you could go to jail. Tobacco can give you gum cancer or mouth cancer. I plan to use what I have learned to make safe and responsible choices by not smoking, drinking, taking drugs, or take tobacco.

What I have learned in D.A.R.E. will make me a better person by not being mean to someone or something. I will follow the laws and stay safe. I will obey my parents and do what they tell me to do. I think I have become a better citizen because of Officer Markley. He has taught me a lot of things like how to resist taking drugs or alcohol. I hope everyone will become a good citizen. I, Mitchell Dean pledge to be drug and alcohol free.