

D.A.R.E ESSAY

By: Kyla

I just finished D.A.R.E. During D.A.R.E I learned a lot and I wanted to tell you what I learned. So let's get started.

First I will be writing about a few things that I learned. The first thing I learned about D.A.R.E is the D.A.R.E decision making model. Define, Asses, Respond, Evaluate. On my ^{cell}proses of going through D.A.R.E my class would use these three words a lot in many lessons. Flip the flap, which means to open you book and flip the flap so u can see the D.A.R.E decision help we would always open this to help us find out a answer to a question in the book.

We would also use these words as common words throughout the book. The first word is confident, Acting in a way that communicates your opinion while still respecting others. The next word is unsure, Being uncertain or unwilling to stand up for yourself. The last word is demanding, Acting in a way that is hostile ; attacking or harming others without regard for their feelings.

Whenever we were acting anything out he would always use these words to help us act out one of are questions so, when we would have a question he would think it would help us better understand it if we acted it out. It was always fun to act it out cause we all had our friends and in the proses of having fun with are friends and learning the good and bad things through D.A.R.E it was really fun.

My D.A.R.E officer would play this cartoon videos and it was really cool it was like watching a cartoon sometimes it was funny and sometimes it was serious but all around I had a good time watching them. I learned a lot about things not to do when I saw the cartoon it showed me what will happened if I do what bad things I could get into. I never realized there was so much dangers things out there until I was in dare.

In dare close to the end we watched a video about what happens when u take drugs people were talking about what happened to them what the lost what they went through. It was shocking but it did teach me something. We put both of the classes together to watch the video. Everyone was shocked everyone felt sorry for the people that went through this I was just thinking how terrible it was to lose everything.

We also learned about the responsible ways to repot bullying. In this lesson we learned the difference between tattling and telling. Tattling means, When

